



SPECTRUM SWIM SCHOOL - 46 WEEK SCHEDULE (2015/16)



	September	October	November	December
Monday	7 14 21 28	5 12 19 26	2 9 16 23 30	7 14 21 28
Tuesday	1 8 15 22 29	6 13 20 27	3 10 17 24	1 8 15 22 29
Wednesday	2 9 16 23 30	7 14 21 28	4 11 18 25	2 9 16 23 30
Thursday	3 10 17 24	1 8 15 22 29	5 12 19 26	3 10 17 24 31
Friday	4 11 18 25	2 9 16 23 30	6 13 20 27	4 11 18 25
Saturday	5 12 19 26	3 10 17 24 31	7 14 21 28	5 12 19 26
Sunday	6 13 20 27	4 11 18 25	1 8 15 22 29	6 13 20 27

	January	February	March	April
Monday	4 11 18 25	1 8 15 22 29	7 14 21 28	4 11 18 25
Tuesday	5 12 19 26	2 9 16 23	1 8 15 22 29	5 12 19 26
Wednesday	6 13 20 27	3 10 17 24	2 9 16 23 30	6 13 20 27
Thursday	7 14 21 28	4 11 18 25	3 10 17 24 31	7 14 21 28
Friday	1 8 15 22 29	5 12 19 26	4 11 18 25	1 8 15 22 29
Saturday	2 9 16 23 30	6 13 20 27	5 12 19 26	2 9 16 23 30
Sunday	3 10 17 24 31	7 14 21 28	6 13 20 27	3 10 17 24

	May	June	July	August
Monday	2 9 16 23 30	6 13 20 27	4 11 18 25	1 8 15 22 29
Tuesday	3 10 17 24 31	7 14 21 28	5 12 19 26	2 9 16 23 30
Wednesday	4 11 18 25	1 8 15 22 29	6 13 20 27	3 10 17 24 31
Thursday	5 12 19 26	2 9 16 23 30	7 14 21 28	4 11 18 25
Friday	6 13 20 27	3 10 17 24	1 8 15 22 29	5 12 19 26
Saturday	7 14 21 28	4 11 18 25	2 9 16 23 30	6 13 20 27
Sunday	1 8 15 22 29	5 12 19 26	3 10 17 24 31	7 14 21 28



Start/End of Swim Programme



Bank Holidays (No Swimming Lessons)



No Swimming Lessons (Holiday Period)



Gala/Event (No Adult Swim Squad)



SPECTRUM SWIM SCHOOL - ADULT SWIM SCHOOL (2015/16)



	September	October	November	December
Monday	7 14 21 28	5 12 19 26	2 9 16 23 30	7 14 21 28
Tuesday	1 8 15 22 29	6 13 20 27	3 10 17 24	1 8 15 22 29
Wednesday	2 9 16 23 30	7 14 21 28	4 11 18 25	2 9 16 23 30
Thursday	3 10 17 24	1 8 15 22 29	5 12 19 26	3 10 17 24 31
Friday	4 11 18 25	2 9 16 23 30	6 13 20 27	4 11 18 25
Saturday	5 12 19 26	3 10 17 24 31	7 14 21 28	5 12 19 26
Sunday	6 13 20 27	4 11 18 25	1 8 15 22 29	6 13 20 27

	January	February	March	April
Monday	4 11 18 25	1 8 15 22 29	7 14 21 28	4 11 18 25
Tuesday	5 12 19 26	2 9 16 23	1 8 15 22 29	5 12 19 26
Wednesday	6 13 20 27	3 10 17 24	2 9 16 23 30	6 13 20 27
Thursday	7 14 21 28	4 11 18 25	3 10 17 24 31	7 14 21 28
Friday	1 8 15 22 29	5 12 19 26	4 11 18 25	1 8 15 22 29
Saturday	2 9 16 23 30	6 13 20 27	5 12 19 26	2 9 16 23 30
Sunday	3 10 17 24 31	7 14 21 28	6 13 20 27	3 10 17 24

	May	June	July	August
Monday	2 9 16 23 30	6 13 20 27	4 11 18 25	1 8 15 22 29
Tuesday	3 10 17 24 31	7 14 21 28	5 12 19 26	2 9 16 23 30
Wednesday	4 11 18 25	1 8 15 22 29	6 13 20 27	3 10 17 24 31
Thursday	5 12 19 26	2 9 16 23 30	7 14 21 28	4 11 18 25
Friday	6 13 20 27	3 10 17 24	1 8 15 22 29	5 12 19 26
Saturday	7 14 21 28	4 11 18 25	2 9 16 23 30	6 13 20 27
Sunday	1 8 15 22 29	5 12 19 26	3 10 17 24 31	7 14 21 28



Start/End of Swim Programme



Bank Holidays (No Swimming Lessons)



No Swimming Lessons (Holiday Period)



Gala/Event (No Adult Swim Squad)



SPECTRUM SWIM SCHOOL - PRE-SCHOOL PROGRAMME (2015/16)



	September	October	November	December
Monday	7 14 21 28	5 12 19 26	2 9 16 23 30	7 14 21 28
Tuesday	1 8 15 22 29	6 13 20 27	3 10 17 24	1 8 15 22 29
Wednesday	2 9 16 23 30	7 14 21 28	4 11 18 25	2 9 16 23 30
Thursday	3 10 17 24	1 8 15 22 29	5 12 19 26	3 10 17 24 31
Friday	4 11 18 25	2 9 16 23 30	6 13 20 27	4 11 18 25
Saturday	5 12 19 26	3 10 17 24 31	7 14 21 28	5 12 19 26
Sunday	6 13 20 27	4 11 18 25	1 8 15 22 29	6 13 20 27

	January	February	March	April
Monday	4 11 18 25	1 8 15 22 29	7 14 21 28	4 11 18 25
Tuesday	5 12 19 26	2 9 16 23	1 8 15 22 29	5 12 19 26
Wednesday	6 13 20 27	3 10 17 24	2 9 16 23 30	6 13 20 27
Thursday	7 14 21 28	4 11 18 25	3 10 17 24 31	7 14 21 28
Friday	1 8 15 22 29	5 12 19 26	4 11 18 25	1 8 15 22 29
Saturday	2 9 16 23 30	6 13 20 27	5 12 19 26	2 9 16 23 30
Sunday	3 10 17 24 31	7 14 21 28	6 13 20 27	3 10 17 24

	May	June	July	August
Monday	2 9 16 23 30	6 13 20 27	4 11 18 25	1 8 15 22 29
Tuesday	3 10 17 24 31	7 14 21 28	5 12 19 26	2 9 16 23 30
Wednesday	4 11 18 25	1 8 15 22 29	6 13 20 27	3 10 17 24 31
Thursday	5 12 19 26	2 9 16 23 30	7 14 21 28	4 11 18 25
Friday	6 13 20 27	3 10 17 24	1 8 15 22 29	5 12 19 26
Saturday	7 14 21 28	4 11 18 25	2 9 16 23 30	6 13 20 27
Sunday	1 8 15 22 29	5 12 19 26	3 10 17 24 31	7 14 21 28



Start/End of Swim Programme



Bank Holidays (No Swimming Lessons)



No Swimming Lessons (Holiday Period)



ALL Lessons to be held in T/Pool