

# Activate your card today!

and get more rewards with **active**

It's very simple to get started and access the fantastic Active offers. To activate your current card:



- Enter the website address: [www.active-card.co.uk](http://www.active-card.co.uk)
- Click on the word "Activate" on the homepage. You will need your Active Card as you will be asked to enter your card number.
- For future visits to the website please click on "Login" to access the full site to view offers and discounts at Spectrum and other partner organisations.



## Guildford Spectrum Redemptions

### 50 METRES

1 x Active water bottle

### 150 METRES

- 1 x 1 hour Badminton court during super-saver time (concessions only)
- 1 x Off-peak Leisure Pool Swim (concessions only)
- 1 x Off-peak/peak Competition Pool Swim (concessions only)
- 1 x Off-peak game of Tenpin Bowling (concessions only)
- 1 x Skate for All session Monday - Friday before 8pm (concessions only)
- 1 x 1 hour Table Tennis during super-saver time
- 1 x Adult Competition Pool Swim (peak/off-peak)
- 1 x Junior Competition Pool Swim

### 200 METRES

- 1 x Junior peak/off-peak Leisure Pool Swim
- 1 x Entrance to Specky's Pirate Ship
- 1 x 2Xtreme ticket

### 250 METRES

- 1 x 1 hour Table Tennis (any time)
- 1 x Spinning Class (off-peak)
- 1 x Junior Skate for All session
- 1 x Half hour Squash court (anytime)
- 1 x Toddler Splash (Adult and Child)
- 1 x Badminton Club session (Tuesdays & Fridays)
- 1 x Adult Lane Swim (Competition Pool)
- 1 x Dawn Dippers

### 300 METRES

- 1 x Spa Session (off-peak)
- 1 x Fitness Session (off-peak)
- 1 x Ice Xtreme ticket
- 1 x Spinning Class (peak)
- 1 x Adult Leisure Pool Swim (off-peak)
- 1 x Junior game of Tenpin Bowling (off-peak)

### 350 METRES

- 1 x 1 hour Badminton court (anytime)
- 1 x Toddler Splash & Soft-Play combo (adult & child)
- 1 x Adult game of Tenpin Bowling (off-peak)
- 1 x Junior game of Tenpin Bowling (peak)

### 400 METRES

- 1 x Adult Leisure Pool Swim (peak)
- 1 x Spa Session (peak)
- 1 x Fitness Session (peak)
- 1 x Adult Skate for All session
- 1 x Group Fitness Class (anytime)
- 1 x Adult game of Tenpin Bowling (peak)

### 500 METRES

- 1 x Gym & Classes Guest Pass (to be booked in advance)

### 600 METRES

- 1 x Family Leisure Pool Swim (off-peak)

### 800 METRES

- 1 x Family Leisure Pool Swim (peak)

### 850 METRES

- 1 x Family Skate for All session (anytime)

### 1200 METRES

- 1 x Family Tenpin Bowling session (off-peak)

### 1500 METRES

- 1 x Family Tenpin Bowling session (peak)

### 1800 METRES

- 1 x Family of Four - Ice Hockey Match

### 2000 METRES

- 1 x Family Fun Ticket (2 activities - May to December 2014 only)

### 2500 METRES

- 1 x Family Fun Ticket (3 activities - May to December 2014 only)

### 3500 METRES

- 1 x Children's Party (excl. Catering & Secret Agent Academy, Go Kart Parties and parties for 18 children)

### 4000 METRES

- 1 x Children's Party - Parties for 18 children

### 4500 METRES

- 1 x Children's Party - Trampoline Parties x 2 Trampolines

### 5000 METRES

- 1 x Hospitality Box (15 people) for Ice Hockey Match (subject to availability)

## Ash Manor Redemptions

- 50 metres** 1x Active water bottle
- 150 metres** 1x No Strings Junior Badminton
- 200 metres** 1x Fitness classes
- 1x Gym session (Junior / Concession - off-peak)
- 1x No Strings Adult Badminton
- 250 metres** 1x Spinning class
- 1x Gym session (Adult - off-peak)
- 300 metres** 1x Gym session (Adult - peak)
- 1x Gym session (Junior / Concession - peak)
- 1x Gym Guest Pass
- 350 metres** 1x Badminton Court (off-peak hour)
- 1x Table tennis (off-peak)
- 450 metres** 1x Badminton Court (peak hour)
- 1x Table tennis (peak)
- 3000 metres** 1x hour 5-a-side on AWP
- 1x Children's Birthday Party

## Guildford Lido & Workshop Gym Redemptions

- 50 metres** 1 x Active water bottle
- 150 metres** Deckchair Hire
- 100 metres** Crazy Golf
- 200 metres** 1 x Junior off-peak swim
- 200 metres** 1 x Gym Session - Concession (off-peak)
- 300 metres** 1 x Adult Gym session (off-peak)
- 300 metres** 1 x Junior peak swim
- 300 metres** 1 x Adult off-peak swim
- 300 metres** 1 x Early Morning & Lane Swimming
- 400 metres** 1 x Adult peak swim
- 400 metres** 1 x Adult Gym session (peak)
- 1000 metres** 1 x Family swim off-peak (4 people, max. 2 adults)
- 1400 metres** 1 x Family swim peak (4 people, max. 2 adults)
- 1500 metres** 1 x Adult Gym Fast-Track Induction
- 2000 metres** 1 x Adult Gym Enhanced Induction



# active OFFERS...

## Ash Manor Sports Centre

### Half Price Off Peak Badminton

Saturday and Sunday all day and school holidays

**£1.00 Off**

Zumba Toning

Sunday 10.45-11.45am

For further information please call  
01252 325484

### Fitness & Group Exercise

**£1.00 Off**  
Body Combat®  
Sundays 10.30am

**£1.00 Off**  
Yoga  
Wednesdays 6pm

**£1.00 Off**  
Pilates Improvers  
Thursdays 6pm

Active cardholders can book classes 14 days in advance

## MORE GREAT SPECTRUM SAVINGS...

Do you qualify for a green card?

Are you a senior citizen?  
Are you unemployed?  
Are you a student or receiving income support or incapacity benefit?

Then you can take advantage of more special offers exclusive to green active card holders!!

Terms & Conditions: All offers with an ACTIVE CARD - Offers valid until: 31st December 2014. Not to be used in conjunction with any other offer. Valid for the cardholder on production of your "green" active card. Available Term-time only. Subject to opening times, please ask for details.

swim for **£1** (in the competition pool Mon - Fri afternoon Swim For All sessions & Fridays 7.30am-8.30am 50+ Swim Session)

skate for **£2** including skates (during any DAYTIME session Mon - Fri)

bowl for **£2.50** per game including shoe hire (Mon - Fri from 10am - 4pm)

squash **£2** per half hour court (during super saver special times Mon - Sun)

table tennis **£2** per hour (during super saver special times Mon - Sun)

gym **£2.50** per session (Mon - Fri from 12noon - 4pm)

### Spectrum Bowl

**£15 for 1 hour of Bowling**

Mon-Fri before 6pm, max 6 people

**Weekend Special – £1 per game**

Saturday & Sunday, 8pm – close, per active cardholder

### Spectrum Gym & Spa

**£1.00 Off**  
Kettlebell Fastclass  
Thursdays 1.00-1.30pm

**£1.00 Off**  
Spinning  
Thursdays 7.45-8.40pm

### Spectrum Pools

\*Pools admissions policy applies to children aged under 9 years - see Autumn programme for details

**£1.00 Off** Tadpole session  
Thursdays 10.30-12noon (Teaching Pool) term time only  
valid 4th September – 18th December excluding 30th October

**£7.50** Adult & Child Swim  
Saturday morning Leisure Pool  
9.30am-1pm, last entry 11.30am

### Spectrum Ice

\*Does not include skate hire  
\*\*Usual terms and conditions apply

**Ice Xtreme £4.00\* Sunday 8.30pm - 10.30pm**

**Adults £4.00\* Junior £2.00\***

**Saturday & Sunday - any daytime session**

**£1.00 Off Skate Grind\*\***

Offers apply to Active cardholders only - valid from 1st September to 31st December 2014 unless otherwise stated. Subject to availability. Not to be used in conjunction with any other offer. Junior = under 16 years.