

Activate your card today!

and get more rewards with **active**

It's very simple to get started and access the fantastic Active offers. To activate your current card:



- Enter the website address: **www.active-card.co.uk**
- Click on the word **"Activate"** on the homepage. You will need your Active Card as you will be asked to enter your card number.
- For future visits to the website please click on **"Login"** to access the full site to view offers and discounts at Spectrum and other partner organisations.

Guildford Spectrum Redemptions

50 METRES

1 x Active water bottle

150 METRES

1 x 1 hour Badminton court during super-saver time (concessions only)
 1 x Off-peak Leisure Pool Swim (concessions only)
 1 x Off-peak/peak Competition Pool Swim (concessions only)
 1 x Off-peak game of Tenpin Bowling (concessions only)
 1 x Skate for All session Monday - Friday before 8pm (concessions only)
 1 x 1 hour Table Tennis during super-saver time
 1 x Adult Competition Pool Swim (peak/off peak)
 1 x Junior Competition Pool Swim

200 METRES

1 x Junior peak/off-peak Leisure Pool Swim
 1 x Entrance to Specky's Pirate Ship
 1 x 2Xtreme ticket

250 METRES

1 x 1 hour Table Tennis (any time)
 1 x Spinning Class (off-peak)
 1 x Junior Skate for All session
 1 x Half hour Squash court (anytime)
 1 x Toddler Splash (Adult and Child)
 1 x Badminton Club session (Tuesdays & Fridays)
 1 x Adult Lane Swim (Competition Pool)
 1 x Dawn Dippers

300 METRES

1 x Spa Session (off-peak)
 1 x Fitness Session (off-peak)
 1 x Ice Xtreme ticket
 1 x Spinning Class (peak)
 1 x Adult Leisure Pool Swim (off peak)
 1 x Junior game of Tenpin Bowling (off-peak)

350 METRES

1 x 1 hour Badminton court (anytime)
 1 x Toddler Splash & Soft-Play combo (adult & child)
 1 x Adult game of Tenpin Bowling (off peak)
 1 x Junior game of Tenpin Bowling (peak)

400 METRES

1 x Adult Leisure Pool Swim (peak)
 1 x Spa Session (peak)
 1 x Fitness Session (peak)
 1 x Adult Skate for All session
 1 x Group Fitness Class (anytime)
 1 x Adult game of Tenpin Bowling (peak)

500 METRES

1 x Gym & Classes Guest Pass
 (to be booked in advance)

600 METRES

1 x Family Leisure Pool Swim (off peak)

800 METRES

1 x Family Leisure Pool Swim (peak)

850 METRES

1 x Family Skate for All session (anytime)

1200 METRES

1 x Family Tenpin Bowling session (off-peak)

1500 METRES

1 x Family Tenpin Bowling session (peak)

1800 METRES

1 x Family of Four - Ice Hockey Match

2000 METRES

1 x Family Fun Ticket
 (2 activities - May to December 2014 only)

2500 METRES

1 x Family Fun Ticket
 (3 activities - May to December 2014 only)

3500 METRES

1 x Children's Party (excl. Catering & Secret Agent Academy, Go Kart Parties and parties for 18 children)

4000 METRES

1 x Children's Party - Parties for 18 children

4500 METRES

1 x Children's Party - Trampoline Parties x 2 Trampolines

5000 METRES

1 x Hospitality Box (15 people) for Ice Hockey Match (subject to availability)

Ash Manor Redemptions

50 metres 1x Active water bottle

150 metres 1x No Strings Junior Badminton

200 metres 1x Fitness classes
 1x Gym session (Junior / Concession - off-peak)
 1x No Strings Adult Badminton

250 metres 1x Spinning class
 1x Gym session (Adult - off-peak)

300 metres 1x Gym session (Adult - peak)
 1x Gym session (Junior / Concession - peak)
 1x Gym Guest Pass

350 metres 1x Badminton Court (off-peak hour)
 1x Table tennis (off-peak)

450 metres 1x Badminton Court (peak hour)
 1x Table tennis (peak)

3000 metres 1x hour 5-a-side on AWP
 1x Children's Birthday Party

Guildford Lido & Workshop Gym Redemptions

50 metres 1 x Active water bottle

200 metres 1 x Gym Session - Concession (off peak)

300 metres 1 x Gym Session (Off Peak)

400 metres 1 x Gym Session (Peak)

1500 metres 1 x Adult Gym Fast-Track Induction

2000 metres 1 x Adult Gym Enhanced Induction



freedomleisure
 where you matter



active OFFERS...

Ash Manor Sports Centre

Half Price

Badminton & Table Tennis

Off-peak times only
(usual price £7)

£10 Off Parties

If booked January - March 2014

For further information please call
01252 325484

Fitness & Group Exercise

£1.00 Off
Zumba®
Mondays 6pm

£1.00 Off
Body Combat®
Wednesdays 7.45pm

£1.00 Off
Metafit™
Mons 7pm & Weds 6pm

Active cardholders can book
classes 14 days in advance

MORE GREAT SPECTRUM SAVINGS...

Do you qualify for a
green card?

Are you a senior citizen?
Are you unemployed?
Are you a student or
receiving income support
or incapacity benefit?
Then you can take advantage of
more special offers exclusive to
green active card holders!!

Terms & Conditions: All offers with an ACTIVE CARD - Offers valid until:
31st March 2014. Not to be used in conjunction with any other offer. Valid for
the cardholder on production of your "green" active card. Available Term-time
only. Subject to opening times, please ask for details.

swim for **£1** (in the competition pool Mon - Fri
afternoon Swim For All sessions & Fridays
7.30am-8.30am 50+ Swim Session)

skate for **£2** including skates (during
any DAYTIME session Mon - Fri)

bowl for **£2.50** per game including shoe hire
(Mon - Fri from 10am - 4pm)

squash **£2** per half hour court (during super
saver special times Mon - Sun)

table tennis **£2** per hour (during super
saver special times Mon - Sun)

gym **£2.50** per session
(Mon - Fri from 12noon - 4pm)

Spectrum Bowl

£3 per game, per person

Mon-Fri, 10am-6pm, term time only

Unlimited Bowling £10 per person (Thurs-Sun, 8pm-close)

£20 for 1 hour bowling (up to 6 people max)*

*Mon-Fri, 6pm-close, weekends & school holidays.

Energy Level Gym & Spa

£1.00 Off
Functional Circuits

Wednesdays 8.30am & 7pm

£1.00 Off
Spinning Class

Thursdays 10.00am

Spectrum Pools

*Pools admissions policy applies to children
aged under 9 years - see Autumn programme
for details

£1.00 Off Toddler Splash sessions
Sunday mornings only, 8.30am-9.30am

£7.50 Adult & Child after school swim
Monday - Friday (Term Time only)

£5* Leisure Pool Swim for 1 Adult & 1 Child (under 5 yrs)
(usual price £6.50) Offer valid to Friday 4th April 2014 *Mon-Fri, 4pm-6.30pm

Spectrum Ice

Ice Xtreme £3.00* Sunday 8.30pm - 10.30pm

Adults £4.00* Junior £3.00* 4.45pm - 6.15pm
Wednesday & Thursday Teatimes

*Does not include skate hire

Offers apply to Active cardholders only - valid from 1st January to 31st March 2014 unless otherwise stated. Subject
to availability. Not to be used in conjunction with any other offer. Junior = under 16 years.



FOR BOOKINGS OR FURTHER INFORMATION PLEASE CALL: 01483 443322

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Telephone (01483) 443322 email: info@guildfordspectrum.co.uk website: www.guildfordspectrum.co.uk

Freedom Leisure
working in partnership
with Guildford
Borough Council

