Activate your card today! and get more rewards with active

It's very simple to get started and access the fantastic Active offers. To activate your current card:

- Enter the website address: www.active-card.co.uk
- Click on the word "Activate" on the homepage. You will need your Active Card as you will be asked to enter your card number.
- For future visits to the website please click on "Login" to access the full site to view offers and discounts at Spectrum and other partner organisations.

active

Guildford Spectrum Redemptions

50 METRES

1 x Active water bottle

150 METRES

- 1 x 1 hour Badminton court during super-saver time (concessions only)
- 1 x Off-peak Leisure Pool Swim (concessions only)
- 1 x Off-peak/peak Competition Pool Swim Iconcessions only
- 1 x Off-peak game of Tenpin Bowling (concessions only
- 1 x Skate for All session Monday Friday before 8pm (concessions only)
- 1 x 1 hour Table Tennis during super-saver time
- 1 x Adult Competition Pool Swim (peak/off peak)
- 1 x Junior Competition Pool Swim

200 METRES

- 1 x Junior peak/off-peak Leisure Pool Swim
- 1 x Entrance to Specky's Pirate Ship

1 x 2Xtreme ticket

250 METRES

- 1 x 1 hour Table Tennis (any time)
- 1 x Spinning Class (off-peak)
- 1 x Junior Skate for All session
- 1 x Half hour Squash court (anytime)
- 1 x Toddler Splash (Adult and Child)
- 1 x Badminton Club session (Tuesdays & Fridays) 1 x Adult Lane Swim (Competition Pool)
- 1 x Dawn Dippers

300 METRES

- 1 x Spa Session (off-peak)
- 1 x Fitness Session (off-peak)
- 1 x Ice Xtreme ticket
- 1 x Spinning Class (peak
- 1 x Adult Leisure Pool Swim (off peak)
- 1 x Junior game of Tenpin Bowling (off-peak)

350 METRES

- 1x 1 hour Badminton court (anytime)
- Toddler Splash & Soft-Play combo Indult & child)
- 1 x Adult game of Tenpin Bowling (off peak)
- 1 x Junior game of Tenpin Bowling (peak)

400 METRES

- 1 x Adult Leisure Pool Swim (peak)
- 1x Spa Session (peak
- 1 x Fitness Session (peak)
- 1x Adult Skate for All session
- 1 x Group Fitness Class (anytime)
- 1 x Adult game of Tenpin Bowling (peak) **500 METRES**
- 1x Gym & Classes Guest Pass (to be booked in advance)

600 METRES

1x Family Leisure Pool Swim (off peak) **800 METRES**

1 x Family Leisure Pool Swim (peak

850 METRES

1x Family Skate for All session (anytime)

1200 METRES

1 x Family Tenpin Bowling session (off-peak) 1500 METRES

1 x Family Tenpin Bowling session (peak)

2500 METRES

1 x Family Fun Ticket es - May to December 2014 only)

3500 METRES

1 x Children's Party (excl. Catering & Secret Agent Academy, Go Kart Parties and parties for 18 children

4000 METRES

1 x Children's Party - Parties for 18

children 4500 METRES 1 x Children's Party - Trampoline Parties x 2

Trampolines

5000 METRES

1 x Hospitality Box (15 people) for Ice Hockey Match (subject to availability)

Ash Manor **Redemptions**

50 metres	1x Active water bottle
150 metres	1x No Strings Junior Badminton
200 metres	1x Fitness classes
	1x Gym session (Junior / Concession - off-peak)
	1x No Strings Adult Badminton
250 metres	1x Spinning class
	1x Gym session (Adult - off-peak)
300 metres	1x Gym session (Adult - peak)
	1x Gym session (Junior / Concession - peak)
	1x Gym Guest Pass
350 metres	1x Badminton Court (off-peak hour)
	1x Table tennis (off-peak)
450 metres	1x Badminton Court (peak hour)
	1x Table tennis (peak)
3000 metres	1x hour 5-a-side on AWP
	1x Children's Birthday Party

Guildford Lido & Workshop **Gym Redemptions**

) metres	1 x Active water bottle
0 metres	Deckchair Hire
0 metres	Crazy Golf
00 metres	1 x Junior off-peak swim
00 metres	1 x Gym Session - Concession (off-peak)
00 metres	1 x Adult Gym session (off-peak)
00 metres	1 x Junior peak swim
00 metres	1 x Adult off-peak swim
00 metres	1 x Early Morning & Lane Swimming
00 metres	1 x Adult peak swim
00 metres	1 x Adult Gym session (peak)
00 metres	1 x Family swim off-peak (4 people, max. 2 adults)
00 metres	1 x Family swim peak (4 people, max. 2 adults)
00 metres	1 x Adult Gym Fast-Track Induction
000 metres	1 x Adult Gym Enhanced Induction

where you matter



1800 METRES 1 x Family of Four - Ice Hockey Match 2000 METRES

1 x Family Fun Ticket (2 activities - May to December 2014 only)



Ash Manor Sports Centre

All Weather Pitch *Off-peak hour Casual booking only

F99 5

£1.00 Off Legs, Bums & Tums

Thursdays 6.25pm

For further information please call 01252 325484

Fitness & **Group Exercise** £1.00 Off

BodyStep[™] Mondays 6pm

£1.00 Off

Body Combat® Wednesdays 7.45pm

£1.00 Off **StreetDance**

Wednesday 8pm

Active cardholders can book classes 14 days in advance

Guildford Lido

Free deck chair hire

*Monday – Friday only

2 for 1 Swim

Monday - Friday, 10.30am - 4.30pm, valid until 4th July 2014 (excluding 26-30th May)

For further information please call 01483 449108

MORE GREAT SPECTRUM SAVINGS... Do you qualify for a areen card? Are you a senior citizen?

Are you unemployed? Are you a student or iving income support or incapacity benefit? Then you can take advantage of more special offers exclusive to green active card holders!!

	noon Swim For All sessions & Fridays am-8.30am 50+ Swim Session)
skate for £2	including skates (during any DAYTIME session Mon - Fri)
bowl for £2.50	per game including shoe hire (Mon - Fri from 10am - 4pm)
squash <mark>£2</mark>	per half hour court (during super saver special times Mon - Sun)
table tennis <mark>£2</mark>	per hour (during super saver special times Mon - Sun)
gym £2.50	per session (Mon - Fri from 12noon - 4pm)

Spectrum Bowl £3 per game, per person

Mon-Fri, 10am-6pm, term time only

Unlimited Bowling £10 per person (Thurs-Sun, 8pm-close) £20 for 1 hour bowling (up to 6 people max)* *Mon-Fri, 6pm-close, weekends & school holidays,

Energy Level Gym & Spa £1.00 Off £1.00 Off **Boot Camp**

Functional Circuits

Saturdays 10-11am

Wednesdays 8.30-9.30am

Spectrum Pools

*Pools admissions policy applies to children aged under 9 years - see April to August programme for details

£1.00 Off Toddler Splash sessions Sunday mornings only, 8.30am-9.30am

Adult & Child Swim £7.50 Saturday morning leisure pool 9.30am-1pm* Max 2 adults

* Last entry 11.30am session

Spectrum Ice

*Does not include skate hire **Usual terms and conditions apply

£1 Off Skate Grind**

Ice Xtreme £4.00* Saturday 8.30pm - 10.30pm

£10 Off Ice Party Party to take place April to August 2014**

Offers apply to Active cardholders only - valid from 1st April to 31st August 2014 unless otherwise stated. Subject to availability. Not to be used in conjunction with any other offer. Junior = under 16 years



FOR BOOKINGS OR FURTHER INFORMATION PLEASE CALL: 01483 443322

Guildford Spectrum, Parkway, Guildford, Surrey GU1 1UP Telephone (01483) 443322 email: info@guildfordspectrum.co.uk website: www.guildfordspectrum.co.uk

dom Leisure working in partnership with Guildford Borough Council

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